



Our menus are planned to meet the food based standards for food in schools and are checked using a recognised programme to analyse nutrition. Over 75% of our dishes are homemade and freshly prepared using tried and tested traditional recipes we know children will love and there's always seasonal fresh fruit, salad and vegetables available daily along with a bread basket and fresh water freely available.



Week 1

Hot Meal Options

Pasta Bolognaise
served with pasta twirls with a medley of mixed vegetables and crusty garlic bread

Cheese and Potato Whirl
served with baked beans

V

Beef and Onion Pie
served with creamed potato, fresh chopped carrots and gravy

Vegetarian Risotto
A medley of chopped fresh vegetables in creamy 50/50 rice

V

Chilli Con Carne
seasoned with mild chilli served with 50/50 rice and crusty garlic bread

Cheese and Tomato Pizza
served with sunshine sweetcorn and crunchy chopped salad

V

Chicken Curry
served with wholemeal rice, warm naan bread and fresh seasonal vegetables

Vegetarian Cottage Pie
served with garden peas

V

Crispy Chicken Fillet
served with pasta salad and sunshine sweetcorn

Harry Ramsden's Fish Fillet
A 100% fish fillet served with oven baked chips and garden peas.

Daily Hot Selection

V **Jacket Potato**
with choice of tasty fillings and crunchy chopped salad.

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Cold Option

Percy Pea Pod Packed Lunch
Choice of sandwich on fresh soft bread with crunchy chopped salad, plus a choice from today's desserts

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Dessert

Fruity Fruit Salad with Ice Cream / Juicy Chopped Fresh Fruit or Yoghurt

Fresh baked Courgette and Lemon Cupcakes / Juicy Chopped Fresh Fruit or Yoghurt

Cooks Homemade Ginger Biscuits with juicy pears / Juicy Chopped Fresh Fruit or Yoghurt

Fresh Baked Iced Sponge / Juicy Chopped Fresh Fruit or Yoghurt

Cooks Chocolate Muffin / Juicy Chopped Fresh Fruit or Yoghurt

Week 2

Hot Meal Options

Pasta Bolognaise
served with pasta twirls with a medley of mixed vegetables and crusty garlic bread

Cheese and Tomato Pizza
served with crispy potato wedges and mixed vegetables

V

Meat and Potato Pie
served with garden peas and gravy

Macaroni Cheese
Macaroni pasta in a creamy cheese sauce, served with broccoli florets.

V

Chicken Fajita Wrap
Freshly cooked fajita flavoured chicken, served in a tortilla wrap with homemade potato wedges and mixed vegetables

Tomato, Garlic and Basil Pasta Bake
Served with fresh seasonal vegetables and crusty garlic bread

V

Chicken Curry
served with wholemeal rice, warm naan bread and sunshine sweetcorn

Vegetarian Lasagne
served with crunchy chopped salad

V

Birds Eye Fish Fingers (2)
Served with creamed potatoes and garden peas

Vegetarian Sausage Roll
Served with oven baked chips and baked beans

V

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Dessert

Cooked fresh baked Fruit Sponge and custard / Juicy Chopped Fresh Fruit or Yoghurt

Cooks fresh baked Decorated Vanilla Muffin / Juicy Chopped Fresh Fruit or Yoghurt

Sliced Peaches in Juice with ice cream / Juicy Chopped Fresh Fruit or Yoghurt

Cooks fresh made Carrot Cake / Juicy Chopped Fresh Fruit or Yoghurt

Apple Jack - a golden chewy flapjack bursting apples / Juicy Chopped Fresh Fruit or Yoghurt

Week 3

Hot Meal Options

Cottage Pie
served with fresh seasonal vegetables and sliced beetroot

Cheese and Tomato Pizza
served with herby diced potatoes and crunchy chopped salad

V

Pasta Bolognaise
served with pasta twirls with a medley of mixed vegetables and crusty garlic bread

Vegetable Chilli Con Carne
served with wholemeal rice

V

Chicken and Vegetable Pie
served with steamed new potatoes, fresh sliced carrots and gravy

Tomato Pasta Bake
served with crusty bread and crunchy chopped salad

V

Chicken Curry
served with 50/50 rice, warm naan bread and sunshine sweetcorn

Cheese and Potato Whirl
served with baked beans

V

Harry Ramsden's 100% Fish Fillet
served with oven baked chips and mushy peas

Pork Sausage
British pork sausage served in a wholemeal finger roll with oven baked chips and garden peas

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Dessert

Fresh baked vanilla sponge with custard / Juicy Chopped Fresh Fruit or Yoghurt

Cooks Assorted fresh baked Fruit Cookies / Juicy Chopped Fresh Fruit or Yoghurt

Fruity Flapjack / Juicy Chopped Fresh Fruit or Yoghurt

Chocolate Crunch / Juicy Chopped Fresh Fruit or Yoghurt

Fruit, Jelly and Ice Cream / Juicy Chopped Fresh Fruit or Yoghurt

Key V for Vegetarian Foods

